

IOMSN ROUND TABLE MEETING: Consortium of MS Centers Meeting

Nashville, TN

June 2<sup>nd</sup>, 2018

Convened 7:48 AM

Members: Executive Board: Aliza Ben-Zacharia (President), Megan Weigel (Immediate Past President), Patricia Pagnotta (President Elect & Southeast Membership Liaison), Cheryl Blaschuk (Secretary), **Jong-Mi Lee** (Treasurer & West Membership Liaison & Scholarship) ) June Halper ( CEO), Stephanie Agrella ( Board of Directors & Liaison- MSNICB), Marie Moore (Board of Directors & Membership), Marijean Buhse ( Academic Out Reach & Research Comm) ), Beverly Layton ( Academic Out Reach & Awards), Connie Easterling ( Awards Chair& Nominations ), Amy Perrin Ross ( Bylaws), Rachael Stacom (Communications/Website), **Carol Chieffe ( Co-chair Education)**, Colleen Harris ( Co-chair Education), Lynn Stazzone ( External Relations), Mary Ann Hibbs ( Liaison VA), **Bonnie Blain (Membership?)**, **Melanie Huff ( Midwest Membership Liaison)**, **Crystal Wright ( Southwest Membership Liaison)**, **Joan Ohayon ( Northeast Membership Liaison)**, **Peggy Cook ( Canada- Atlantic Mem. Liaison?)**, **Jill Nelson (Canada Northwest Mem. Liaison)**, Lori Mayer (Research), Marie Namey (Scholarship), **Jacqueline Scott (Global – Ireland)**, Del Thomas (Global\_ UK)

Introduction: Aliza Ben Zacharia

1. Aliza- What do we want from the organization, IOMSN & from the Executive Board?
2. Australian RN's- more representation since they have a large membership
3. Canada RN- present and no specific rec's
4. New Zealand and UK- nurses present & no specific rec's
5. Marie Moore- IOMSN: 1,200 membership and Leny concurred
6. General Membership- Love the regional education programs and now the variety of media that offer education/CEU's
7. **Carol (?)** – agrees w/ above and notes increased opportunities for networking, more Edu. Materials but overall feels supported.
8. Carol (?) EMR makes it difficult to connect/educate patients w/ having to look at computer screen etc. How do we deal with it as nurses?
9. Megan Weigel-offer webinars w/ updates and members can learn how to put those together and do them.
10. Aliza- one of the questions I hear is, How to make the EMR easier etc?
11. Heidi Malhone – we need Pharmacology credits and she will look into that.
12. June Halper- we have a # of pharmacology credits that are listed on website.
13. Aliza- invites membership to do a webinar specific to pharmacology w/ CEU's.
14. Dottie- stressed the need to bring in young nurses, mentor young NP's and difficulties w/ getting psychiatric & psychological care for our patients and the need to network.
15. Rachael S- Telehealth and what will the future holds for psychiatry /mental health.
16. Heidi Malhone- VA has video-connect. Nationwide- neurological exam can be done remotely and she has experience w/ this on a regular basis.
17. Rachael S- Reimbursement issues for mental health /telemedicine for which Medicare is looking into.
18. Nurse from Nashville VA- reported VA using Mental Health NP and iPad "psychiatrist"
19. Megan Weigel- asked are there any psychiatric NP's in our membership?

Commented [AB1]: Sorry but I do not know the last name of this person or her geographical location.

20. Marijean Buhse- there is now a psychiatric post masters NP program for 18 credits
21. June Halper- next education program can focus on Science and Art of Behavioral Health
22. Patricia Pagnotta- suggested we all go around NOW at the ROUND TABLE and make a connection w/ another NP/RN and help mentor the work w/ them. Called for all attendees to "MAKE A BUDDY" now at this meeting. Aliza stated EXCELLENT IDEA. Spent 5 minutes meeting someone new.
23. Gretchen – program @ CMSC mtg, Discussed Cognitive Rehab at CMSC and introduced a Cognitive Behavioral app
24. Mary Kay- University of Kanas City has an on line SKYPE Intervention for Depression by a psychologist.
25. June Halper reminded us this is OUR ORGANIZATION and we need to make it what we want it to be. GOOGLE GROUP IOMSN- need to be a member.
26. Emails for critical members/contacts for IOMSN were listed on PPP.
27. Scholarships and Research Grant info can be answered w/ these emails.
28. Marie Moore- Membership Committee- have 5 regional Liaisons and 1 Canadian Liaison
29. RN from Australia – stated- Need a Membership Liaison from Australia and from other countries also to help us better connect around the world.
30. Marie Moore- working on "Holding the Hands" of our membership that needs certification. As certified MS nurses it's critical to "nurture" our newer members.
31. Rachael Stacom- (From Communications/Website) encouraged members to reach out to her and Leny related to the Website and let them know, especially what the newer members want and need from the organization.
32. Australian RN's- the themes here at this discussion are worldwide issues we do in US and Canada w/sharing our knowledge and what we do, ie knowledge related to fatigue, psychology, & research. We need representation from all over the world to really show support for each other.
33. Rachael Stacom- we can post research on our website but if the study was published in a Journal, we need to get permission.
34. June Halper and Rachael – discussed the "caught you caring" bracelets and you can get one from Leny too. Reviewed the IOMSN publication and email address.
35. Marian Franko was at the meeting and she is a psychologist who indicated she could help w/ checking titles of Journals and future programs.
36. Aliza- related to the Linda Morgante program that it was not considered a review program for taking the Certification exam; however, the Linda Morgante program consists of multiple topics that may assist with the exam; and that there were other resources on the web site related to prep for the certification exam.
37. Colleen Harris – reported there were 2 webinars on publishing presentations through IOMSN last year. Related to our on going regional meetings, which are expensive to put on, we need regional speakers and ask members to consider joining speakers bureau to help w/ this need. For the coming year 2018, we have planned 8 regional meetings planned. See Website for complete list.
38. Jenny RN attendee, stated they like case studies as an education format and can prepare for next year.
39. Fablio – who works at St. Lukes in Pennsylvania. She works as a "nurse navigator" in her clinic and she is wondering if any one does that kind of role in MS?
40. Aliza- there is a nurse navigator at a hospital / medical center in Rochester.
41. Nora - RN spoke up and she is also a Nurse navigator for past 2 yrs and is also looking for resources, guideline etc. for this specific type of neuro nursing.

42. Marijean Buhse - There is a preparatory publication that is available through the certification boards and on the website. They offer different media to help prepare and can be thought of as a certifications study guideline and there is a "study buddie" at the Web side. She also mentions the need to meet w/ your Pharma MSL's to learn about the drugs which can also help you prepare.
43. Jen Smrka- from Biogen notes that as NP's have moved into the Pharma Industry they want us to know they are a "light shining on the inside" to help advocate for NP's and nurses who ultimately care for patients and bring good care. This group of nurse are fighting for funding and the profession @ the Pharma level to bring recognition to nursing in the field of MS. WE NEED TO BRAG!
44. Aliza – welcomed industry into the discussion to include nurses or other representatives.
45. Megan Weigel gave a web site that we can get resources and books etc. to help prep for the exam.
46. June Halper notes there was and has been a "Core Curriculum" that was published and available to help w/ certification prep.
47. Marie Namey- notes the IOMSN offers scholarships to help cover some of the cost of the certification exam. Up to \$1, 000 that is available to attend the CMSC. There are also scholarships from \$250 to \$300.

Aliza Ben Zacharia then motioned to close the discussion this Round Table discussion at the CMSC 2018 meeting.

Cheryl Blaschuk seconded the motion & the meeting was adjourned at 8:48 AM.

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