



Staying Active

JUNE 2021 PROGRAMS



Every month, our programs build on one another to help keep the momentum to develop new skills and habits.



- June 2** **WEBINAR** ***Traveling and Recreating in the era of COVID-19***
Megan Weigel, DNP, ARNP-C, MSCN and
Stephanie Nolan, OTR/L
- June 4** **JUMPSTART** ***Staying Healthy this Summer***
Samantha Domingo, PsyD, DBSM; Kathleen Healey, APRN,
PhD and Samantha Benson, PT, DPT
- June 9** **COACHING** ***Managing Risk so Everyone is Happy***
Rosalind Kalb, PhD; Megan Weigel, DNP, ARNP-C, MSCN
and Samantha Benson, PT, DPT
- June 17** **JUMPSTART** ***Staying Active (and cool) this Summer***
Tammy Roehrs, PT, MA, NCS; Stephanie Nolan, OTR/L and
Samantha Benson, PT, DPT
- June 22** **COACHING** ***Your Questions, Answered***
Rosalind Kalb, PhD and Tammy Roehrs, PT, MA, NCS

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