



Resource Library

A guide to MS nursing resources,
organizations, and supports



2026

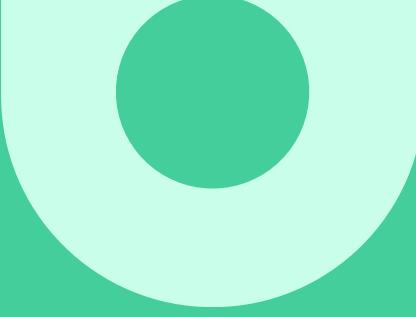


Table of Contents

- **Resource Catalog**
- **Organization Directory**
- **Additional Resources**
- **Contact Us**

Resource Catalog

Nursing & Clinical Guidelines

- Multiple Sclerosis: Best Practices in Nursing Care (5th Edition)
https://iomsn.org/wp-content/uploads/2016/07/BestPractices_052222_SM_V2.pdf
- AANN and ARN Clinical Practice Guideline Series
https://iomsn.org/wp-content/uploads/2016/07/AANN-ARN-IOMSN-MS-Guideline_FINAL.pdf
- MS Nursing Toolkit (7 Modules)
1. Nature of MS
2. Treatment of MS: Choices and Challenges
3. Symptom Management in MS
4. Invisible Symptoms, Mental Health, and MS
5. Rehabilitation for People with MS
6. Cultural Diversity in MS
7. Pregnancy and Breastfeeding in MS
<https://iomsn.org/slides/>
- DMT Guide
<https://iomsn.org/dmt-information/>

Source:

IOMSN Website: <https://www.iomsn.org/>

Education & Professional Development

- Fundamentals of MS Care (Part 1 - 4)

<https://cmscscholar.org/fundamentals-of-multiple-sclerosis-care/>

- Poster Perfect: How to Create an Effective Poster Presentation

<https://cmscscholar.org/poster-perfect-how-to-create-an-effective-poster-presentation/>

- Preventing Common Secondary Conditions in Advanced MS: A Focus on Urinary Tract Infections

<https://cmscscholar.org/preventing-common-secondary-conditions-in-advanced-ms-a-focus-on-urinary-tract-infections/>

- Preventing Common Secondary Conditions in Advanced MS: A Focus on Pressure Injuries

<https://cmscscholar.org/preventing-common-secondary-conditions-in-advanced-ms-a-focus-on-pressure-injuries-2/>

- Preventing Common Secondary Conditions in Advanced MS: A Focus on Aspiration Pneumonia

<https://cmscscholar.org/preventing-common-secondary-conditions-in-advanced-ms-a-focus-on-aspiration-pneumonia-3/>

- Assessing Mobility in People Living with Advanced MS: A Practical Approach to Integrating Mobility & Wheelchair Evaluation into a Clinical Visit

<https://cmscscholar.org/assessing-mobility-in-people-living-with-advanced-ms-a-practical-approach-to-integrating-mobility-wheelchair-evaluation-into-a-clinical-visit-2/>

- Primary Care for People with Physical Disabilities

<https://cmscscholar.org/primary-care-for-people-with-physical-disabilities/>

- More Than Decent Proposals: How to Excel in Writing Proposals

<https://cmscscholar.org/more-than-decent-proposals-how-to-excel-in-writing-proposals-2/>

Source:

CMSC Scholar: <https://cmscscholar.org/ce-opportunities/>

Professional Development & Certification

- CMSC Annual Meeting in Charlotte, NC | May 27-29, 2026

<https://cmscscholar.org/2026-annual-meeting/>

Nursing Scholarship to attend the CMSC Annual Meeting

<https://iomsn.org/>

- Professional Testing Corporation (PTC) | MSCN, MSCS Exam

<https://ptcny.com/test-sponsors/msnicb/>

<https://ptcny.com/test-sponsors/cmsc/>

- MSCN Exam Guidelines | Passing Candidates

<https://msnicb.org/>

Outline of topics covered on exams - Comprehensive Care in MS: A Core Curriculum 3rd Edition May 2022

<https://mscare.sharefile.com/share/view/s52ae9bd570204e80b3b30c8ff3994f36>

Patient & Family Resources

- **LiveWiseMS**

<https://livewisems.org/>

- Angel Flight NE

<https://www.angelflightne.org/>

- National MS Society

<https://www.nationalmssociety.org/>

- MS Canada

<https://mscanada.ca/>

Patient & Family Resources (continued)

- Multiple Sclerosis Foundation (MS Focus): Publications & Grants
<https://msfocus.org/Newsletters-Publications.aspx>
<https://msfocus.org/Get-Help/MSF-Programs-Grants>
- Multiple Sclerosis Association of America: Offers Grants for Cooling Products & MRI
<https://mymysaa.org/>
<https://mymysaa.org/msaa-help/cooling-products/>
<https://mymysaa.org/msaa-help/mri/>

Multiple Sclerosis Association of America: Educational Video Library for Patients
<https://mymysaa.org/ms-information/videos/>

DMT Guidelines:

- CMSC Practical Guidelines for the Selection of DMT in MS
<https://mscare.sharefile.com/share/view/s79d1bfdca884318b>
- The Use of DMT in MS: Principles and Current Evidence
https://ms-coalition.org/wp-content/uploads/2019/06/MSC_DMTPaper_062019.pdf

DMT Funding Sources:

- HealthWell Foundation 1-800-675-8416
<https://www.healthwellfoundation.org/fund/multiple-sclerosis-medicare-access/>
- Patient Access Network 1-866-316-7263
<https://www.panfoundation.org/disease-funds/multiple-sclerosis/>
- The Assistance Fund 1-877-245-4412
<https://enroll.tafcares.org/>
- Good Days Fund 1-877-968-7233
<https://mygooddays.org/diseases-covered/multiple-sclerosis/>
- Patient Advocate Foundation Co-Pay Relief Program 1-866-512-3861
<https://copays.org/funds/multiple-sclerosis/>

IOMSN Community & Liaisons

- Regional Liaisons | US, Canada & International Liaisons
<https://iomsn.org/iomsn-liaisons/>

IOMSN is committed to making the organization as accessible as possible. Regional Liaisons are knowledgeable, experienced nurses who live and work in MS care across the country. They are available to assist you in accessing the information that you need.

Here are a few ways your Regional Liaison can serve you:

- Increase awareness of IOMSN related educational opportunities
- Connect you to the IOMSN Google Group
- Serve as a resource for MS care related concerns
- Provide information about the organization to new or potential member
- Collect recommendations for how IOMSN can better serve you

- Google Group for IOMSN Members
iomsn-nurses-forum@googlegroups.com

If you're a member and would like to be added to the Google Group, email info@iomsn.org.

Adaptive Sports

- Challenged Athletes Foundation | Adaptive Sports Organizations Nationwide
Scroll down the page (link below) to find a list of local resources in your area, organized by state.
<https://www.challengedathletes.org/articles/adaptive-sports-organizations-nationwide/>
- American Association of Adapted Sports Programs
<https://adaptedsports.org/>
- Blaze Sports America
<https://blazesports.org/>
- Move United
<https://moveunitedsport.org/>
- National Center on Health, Physical Activity and Disability
<https://www.nchpad.org/>
- Paralyzed Veterans of America
<https://pva.org/>
- World Triathlon
<https://triathlon.org/paratriathlon>

Organization Directory

Quick Reference

- International Organization of MS Nurses (IOMSN)
<https://iomsn.org/>
- Consortium of Multiple Sclerosis Centers (CMSC) | CMSC Scholar
<https://www.mscare.org/>
<https://cmscscholar.org/>
- National MS Society
<https://www.nationalmssociety.org/>
- MS Canada
<https://mscanada.ca/>
- Multiple Sclerosis Foundation (MS Focus)
<https://msfocus.org/>
- Multiple Sclerosis Association of America
<https://mymsaa.org/>
- **LiveWiseMS**
<https://livewisems.org/>
- Challenged Athletes Foundation
<https://www.challengedathletes.org/>
- Catamount Medical Education
<https://catmeded.com/>

Additional Resources

Clinical Guidelines Quick Links

- McDonald Criteria (2024 Update)
[https://www.thelancet.com/journals/laneur/article/PIIS1474-4422\(24\)00312-3/fulltext](https://www.thelancet.com/journals/laneur/article/PIIS1474-4422(24)00312-3/fulltext)
- Canadian MS Resources
<https://mscanada.ca/intro-to-ms/ms-resources>
- American Academy of Neurology Guidelines
<https://www.aan.com/Guidelines/home>

Research & Innovation

- MS Clinical Trials Portal
<https://clinicaltrials.gov/ct2/results?cond=Multiple+Sclerosis>
- MSAA My MS Manager Mobile App
<https://mymsaas.org/msaa-help/my-ms-manager/>
- Key Journals - IJMSC
<https://www.ijmsc.org/>
- Key Journals - Multiple Sclerosis Journal
<https://journals.sagepub.com/home/msj>

Patient Education Tools

- Symptom Management Handouts – Fatigue
<https://www.nationalmssociety.org/Symptoms-Diagnosis/MS-Symptoms/Fatigue>
- Symptom Management Handouts – Bladder Dysfunction
<https://www.nationalmssociety.org/Symptoms-Diagnosis/MS-Symptoms/Bladder-Dysfunction>
- Lifestyle & Brain Health – Brain Health Guide
<https://www.msbrainhealth.org/>
- Printable Tools – Questions to Ask Your MS Team
<https://www.nationalmssociety.org/For-Professionals/Clinical-Care/Managing-MS>
- Printable Tools – Medication Tracking Sheet
<https://mstrust.org.uk/a-z>



Contact Us

Note:

This Resource Library is maintained by the International Organization of Multiple Sclerosis Nurses (IOMSN). Our goal is to support MS nurses in providing the highest standard of care through access to education, resources, and professional connections. For updates or to suggest additions to this library, please contact us through Leny Almeda at leny.almeda@mscare.org.

Contact Information :

 201-487-1050

 www.iomsn.org

 3 University Plaza Drive Suite 116
Hackensack, NJ 07601

 info@iomsn.org