## Munirah Arabi, RN



## **Short Professional Biography:**

My Name is Munirah Arabi, dedicated Multiple Sclerosis Nurse with a Bachelor's degree in Nursing and over five years of experience in the field. Based at the National Guard Hospital in Riyadh, Saudi Arabia, works closely with leading experts in Multiple Sclerosis care. I attended more than 30 specialized workshops and holds several certifications related to MS, reflecting my strong commitment to ongoing education and excellence in patient care and passionate about supporting individuals living with MS and contributing to the advancement of nursing practice in this specialized area.

## **Brief Description of Your Project:**

## Digital App for Multiple Sclerosis (MS) Nurses

The goal of this proposal is to develop an innovative, user-friendly mobile application designed specifically for nurses working with patients diagnosed with Multiple Sclerosis (MS). The app will serve as an essential tool to improve patient care, streamline nursing workflows, and provide nurses with easy access to up-to-date MS management guidelines, personalized patient monitoring, educational resources, and communication tools.

The digital app application designed specifically for MS nursing can help bridge these gaps by providing structured education, wellness support, healthcare professionals.

Briefly my goal from this app is to have everything related to MS in one spot for healthcare providers especially nurses.

So, development and implementation of the Multiple Sclerosis Nursing App are expected to produce several positive outcomes. These outcomes will contribute to understand MS disease process DMTs, management, Provide Ongoing Nurse Education and Support and overall enhanced quality of life for individuals living with MS.