



Town Hall Series: [Resources for the MS Nurse](#)

(March 15, 2011)

Recommended General Nursing Resources

1. ***International Organization of MS Nurses (IOMSN):*** <http://www.iomsn.org/>
 - Online CEU programs (<http://www.iomsn.org/educational-materials/ceu-web-programs>)
 - Educational Materials (<http://www.iomsn.org/educational-materials>)
 - Monographs (<http://www.iomsn.org/educational-materials/monographs-brochures>)
 - MSCN Certification (<http://www.msnicb.org/ExamDates.htm>)
 - Nursing Fellowships (<http://www.iomsn.org/programs-and-services/fellowship>)
 - Nursing Mentorship Program (<http://www.iomsn.org/programs-and-services/mentorship-program>)
 - Online Patient Education Resources (<http://www.mspatientcare.org/user/>)
 - Regional MS Nursing Education Sessions* (<http://iomsn.org/programs-and-services/regional-programs>)
 - Approved Speakers Listings (http://www.iomsn.org/index.php?option=com_content&view=article&id=73)
 - *Counseling Points** (<http://www.iomsn.org/educational-materials/publications/counseling-points>)
 - *IOMSN Update/MS Exchange* (<http://www.iomsn.org/educational-materials/publications/iomsn-update>)
 - Membership (<http://iomsn.org/membership>)
2. ***Consortium of Multiple Sclerosis Centers (CMSC):*** <http://www.mscares.org/cmhc/index.php>
 - Annual Meeting: Summer 2011 (http://www.mscares.org/cmhc/index.php?option=com_content&task=view&id=1024&Itemid=1482)
 - Scholarships available to attend CMSC: (<http://www.mscares.org/cmhc/Scholarships.html>)
 - Membership (<http://www.mscares.org/cmhc/Membership.html>)
 - Int. Journal of MS Care (http://www.mscares.org/cmhc/index.php?option=com_content&task=view&id=443&Itemid=1333)
 - Educational Resources* (http://www.mscares.org/cmhc/index.php?option=com_content&task=view&id=967&Itemid=1448)



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3. **National Multiple Sclerosis Society (NMSS)- Healthcare Professionals Portal:** <http://www.nationalmssociety.org/for-professionals/healthcare-professionals/index.aspx>
4. **Multiple Sclerosis Society of America (MSAA):** <http://www.msassociation.org/>
 - Programs and Services for Patients (Cooling Vests, MRI Access, etc.): <http://www.msassociation.org/programs/>
 - Publications (*The Motivator* and others): <http://www.msassociation.org/programs/>
 - Video Library: <http://www.msassociation.org/programs/videos/>
5. **U.S. Clinical Trials Listings for New Therapeutics:** www.clinicaltrials.gov
6. **Conversations in MS Nursing:** <http://www.expertsspeakout.com/>
 - *Example:* Multidisciplinary Team Approach to Comprehensive Care in MS (<http://www.expertsspeakout.com/module14/files/lobby.asp>)

* Includes continuing education opportunities



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Screening for Psychosocial Issues

General psychosocial screening resources that are available and free to access in the public domain and are quick and easy to complete in a clinic waiting room.

- *Depression:* Center for Epidemiologic Studies Depression Screen (CES-D)*
- *Fatigue:* Modified Fatigue Impact Scale (MFIS)- from MSQLI*
- *Social Support:* Modified Social Support Survey (MSSS)- from MSQLI*
- *Chronic Disease Self-Efficacy:* Stanford 6 Item Self-Efficacy Scale**
- *Intimacy:* Sexual Satisfaction Scale (SSS) – from MSQLI*
- *Global Mental Health:* Mental Health Inventory (MHI) – from MSQLI*

*= Validated in MS Populations

** = The MS Self-Efficacy Scale (MSSE) is preferred to the Stanford in MS populations because it has been validated in MS, but unfortunately is proprietary and requires purchasing a costly site use license. The Stanford has been validated in multiple chronic illness conditions, but has not yet been validated in MS.