Sara Schaefer, AGPCNP-BC, CNRN, MSCN



Short Professional Biography:

I am an adult-geriatric primary care nurse practitioner with 13 years of experience in MS. From 2012-2016, I practiced at the Linda Morgante MS Center at Maimonides in Brooklyn, NY. In 2016, I relocated to Colorado and have been practicing General Neurology specializing in MS at UCHealth Neurology in Fort Collins, CO. I obtained the designation of Comprehensive MS Care Center granted by the National MS Society for our office in 2018.

I am proud to be involved in the IOMSN as Secretary, West Regional Co-Liaison and serving on multiple committees. I am involved annually as team captain and fundraiser for Colorado Bike MS and Windsor Walk MS. I am a board member and a speaker for the Brain Health Center of the Rockies- a non-profit organization who provides no cost virtual MS education promoting brain health for patients and caregivers affected by MS.

I enjoy biking to work most days and, on the weekends, playing in dirt in my vegetable garden, hiking, biking and camping with my husband and dog.

Brief Description of Your Project:

A Multiple Sclerosis (MS) Education Day designed for nurses and other healthcare professionals across various disciplines in Northern Colorado. The event will be 4 hours of CME accredited education that aims to provide in-depth knowledge on the latest developments in the diagnosis, treatment, and management of MS. By offering insights into best practices, research advancements, and multidisciplinary approaches, the event will help nurses and other multi-disciplinary providers improve patient care.