

Multicultural Diversity in Nursing Care

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Nursing Challenges

- Evolving disease process (complex)
- New treatment options
- Diagnostic Interventions
- Cultural Diversity in healthcare



Transcultural Nursing and Culture Care Theory

- Leininger (1991) identified three nursing decision and action modes to achieve culturally congruent care.
- Cultural preservation or maintenance.
- Cultural care accommodation or negotiation.
- Cultural care repatterning or restructuring.



What is culture?

- Culture is defined as beliefs, customs, rituals, attitudes, and languages
- Can be taught or communicated
- Constant or changing



Is Race a culture?

- Race is categorized as group of people with similar physical features or traits
- This can include various cultures or ethnic groups



Ethnicity

- Group of people that is defined as national origin or culture
- What does this mean?
- Hispanic American, African American, Asian American, Arabic/Middle Eastern American, Native American



Do you need an interpreter?

- Yes-need to convey message of visit
- Institution is responsible for interpreter
- Interpreter repeat so meaning is clear
- Always face patient
- Learn phrase or greeting in patient's language



Respect

- One should respect and understand cultures
- What does that mean?
- Ask patient, family member, or interpreter who they should address



Indians/Arabic/Middle Eastern

- Husband/father are the ones authorized to convey the problem
- Ask permission to assess female patient



Hispanics

- Patient and extended family may be present in room or decision making
- Patient and family may pray or light candles to aid with healing process
- Women seek care more often than men



African Americans

- Tuskegee Syphilis Experiment may still promote distrust and apprehension to seek preventive care among older generation of African Americans
- Religion and spirituality must be at one
- Communication is very important



Asian (Vietnamese/Chinese)

- Some believe that Eastern medicines can help rather than Western
- Most women seek care more often than men
- Follow up appointment if elder patient; bring family member and or interpreter



Romani (Gypsies)

- Father/husband usually speak on wife or daughters behalf
- Men are encouraged to be educated
- Women are encouraged not to seek outside employment are primary focus is family
- Illiteracy is common among women
- Some consult priest about disease



MS medications outside US

 I am enclosing a list for some of the disease modifying therapies available in other countries

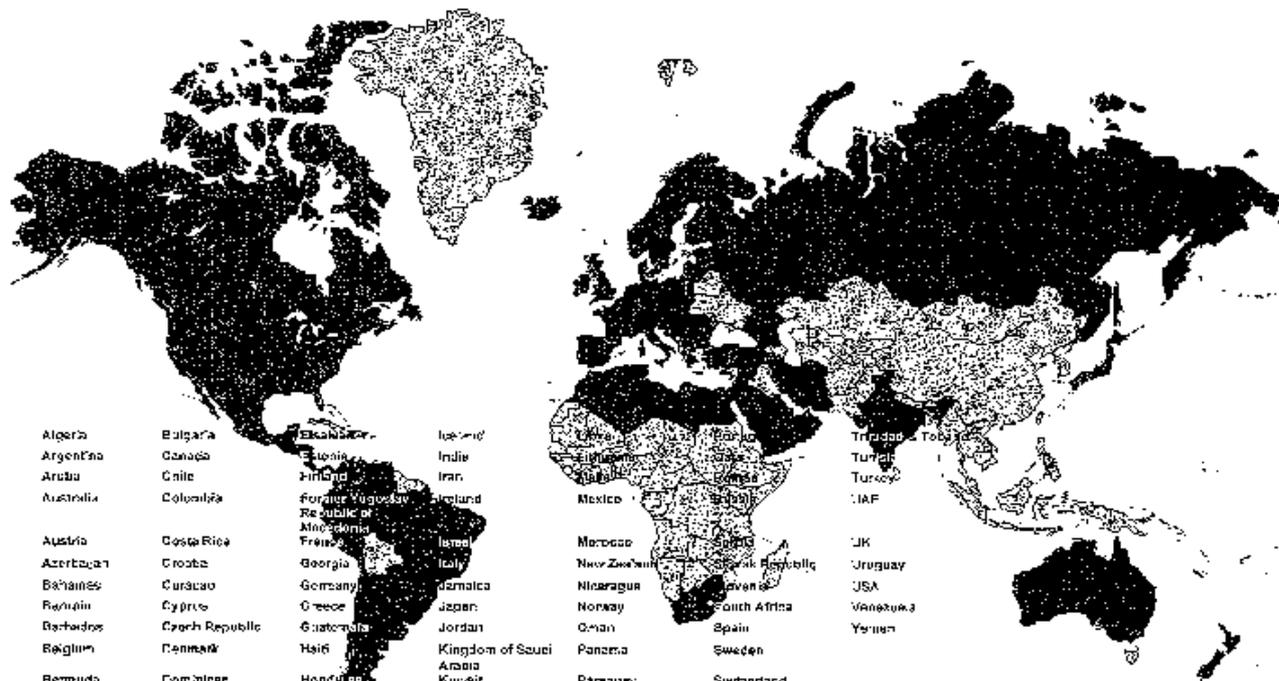


MS medications outside US

- Avonex (beta 1a IM)
- Betaseron (beta 1b sq)
- Copaxone (glatiramer acetate sq)
- Extavia (beta 1b sq)
- Rebif (beta1a sq) Unknown
- Gilenya (fingolimod po)
- Tysabri (natalizumab iv)



AVONEX Available in > 85 Countries Worldwide



AVONEX
[interferon beta-1a]

Copaxone



USA	Mexico
Canada	Israel
Australia	Baltics (Including Latvia, Estonia, and Lithuania)
Austria	Romania
Belgium (Including Luxembourg)	Russia
Czech Republic	Slovenia
Denmark	Taiwan
Finland	Turkey
France	Bulgaria
Germany	Croatia
Greece (Including Cyprus)	Peru
Ireland	Serbia
Italy	Slovak Republic
Netherlands	South Africa
New Zealand	Ukraine
Norway (Including Iceland)	Chile
Poland	Venezuela
Portugal	Kazakhstan
Spain	
Sweden	
Switzerland	
UK	
Argentina (Including Uruguay)	
Brazil	
Hungary	



Gilenya



United States	
Oman	
Japan	
United Arab Emirates	
Canada	
Mexico	
Switzerland	
Australia	
Russia	
European Union	
Austria	Lithuania
Belgium	Luxembourg
Bulgaria	Malta
Cyprus	The Netherlands
Czech Republic	Poland
Denmark	Portugal
Estonia	Romania
Finland	Slovakia
France	Slovenia
Germany	Spain
Greece	Sweden
Hungary	United Kingdom
Ireland	
Italy	
Latvia	



Tysabri

TYSABRI approved in more than 60 countries



Summary

Nurses' Job

- Break down barriers to patient care
- Establish rapport
- Promote education in any culture
- Respect and understand cultures
- When culturally diverse patients come to the office, this can be a milestone for them



Cultural Online Websites

 www.currentnursing.com

 www.culturaldiversity.org



Thank you

- Thank you all for this much needed opportunity
- Please share some of your unique cultures that you may have encountered



References

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