

Short Professional Biography:

Wallette Widener is an accomplished PhD-prepared, board-certified Family Nurse Practitioner specializing in neurological disorders. Her expertise spans chronic disease management, clinical research, and patient education, driven by a passion for evidence-based practice and patient advocacy. Wallette is dedicated to providing comprehensive patient care and education, focusing on improving the lives of individuals with Multiple Sclerosis (MS) in her practice at Savannah Neurology Specialists.

She is actively working with her colleagues at Savannah Neurology Specialists to develop and distribute an educational toolkit tailored for patients, caregivers and nurses involved in MS care. Her hope is to integrate this toolkit into their existing Chronic Care Management (CCM) program with the goal being to ensure that educational content becomes an actionable, trackable component of the current chronic care workflows.

Brief Description of Your Project:

The proposal supports creating structured, MS-specific foundational education that can be directly assigned through CCM platforms, enhancing care coordination, documentation, and long-term patient engagement. The current platform for CCM is not specific to MS, therefore, further development is needed to more appropriately address the education needs of our patients, caregivers, and healthcare providers.

Support from the Nightingale Scholarship will fund a high-impact, sustainable education toolkit to empower MS patients, support caregivers, and strengthen nursing knowledge in the care of MS patients.